



The Third Sunday in Lent

At St. James by-the-Sea we welcome and care for all people at every stage of their spiritual journey, and we seek to create opportunities for faith in God to be discovered, renewed and put into action.

Welcome! If you are worshipping with us for the first time today, we are honored by your presence. If you would like to know more about St. James, or want us to know more about you, we invite you to fill out a pew card. You may drop the completed card into the collection plate, or hand it to an usher or member of the clergy. We hope you sense God's presence as you worship with us today, and that we will have an opportunity to greet you after the service. If you are traveling, we wish you Godspeed as you continue on your way.

Hearing assistance devices are available from the ushers.

Nursery care for infants and young children is available upstairs.

Morning Prayer

THE THIRD SUNDAY IN LENT ✝ MARCH 15, 2020 AT 10:00AM

Voluntary Psalm Prelude, Op. 32, No. 2 Herbert Howells (1892-1983)

Introit *Sicut Cervus* Giovanni Pierluigi da Palestrina (1525-1594)

Sung in Latin.

As the hart yearns for the water springs: so longs my soul for thee, O God!

Please stand as you are able at the sound of the bell.

Hymn *Come, thou fount of every blessing* Hymn No. 686

The Penitential Rite

If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

1 John 1:8, 9

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to set forth his praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

Please kneel as you are able. Silence may be kept.

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,**

and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. Amen.

Please stand as you are able.

Opening Versicle

Lord, open our lips.
And our mouth shall proclaim your praise.

Glory to the Father, and to the Son, and to the Holy Spirit: as
it was in the beginning, is now, and will be for ever. Amen.

Please be seated.

Psalm 95 *Sung by the choir*

O come, let us sing unto the LORD; *
let us heartily rejoice in the strength of our salvation.
Let us come before his presence with thanksgiving; *
and show ourselves glad in him with psalms.
For the LORD is a great God; *
and a great King above all gods.
In his hand are all the corners of the earth; *
and the strength of the hills is his also.
The sea is his, and he made it; *
and his hands prepared the dry land.
O come, let us worship and fall down, *
and kneel before the LORD our Maker.
For he is the Lord our God; *
and we are the people of his pasture, and the sheep of his hand.
To-day if ye will hear his voice, harden not your hearts *
as in the provocation, and as in the day of temptation in the wilderness;
When your fathers tempted me, *
proved me, and saw my works.
Forty years long was I grieved with this generation, and said, *
It is a people that do err in their hearts, for they have not known my ways:
Unto whom I swear in my wrath, *
that they should not enter into my rest.

The First Lesson**Exodus 17:1-7**

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

Thanks be to God.

After a moment of silence, please stand as you are able.

Canticle *The Song of Zachariah*

Hymn No. 444

Please be seated.

The Second Lesson**Romans 5:1-11**

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.

Thanks be to God.

After a moment of silence, please stand as you are able.

Canticle *Jubilate Deo*

Hymn No. 377

Please be seated.

The Third Lesson

John 4:5-30

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

The Word of the Lord.

Thanks be to God.

The Sermon

The Rev'd Dr. Mark Hargreaves

After a moment of silence, please stand as you are able.

The Apostles Creed

**I believe in God, the Father almighty,
creator of heaven and earth;**

I believe in Jesus Christ, his only Son, our Lord.

**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**

**He suffered under Pontius Pilate,
was crucified, died, and was buried.**

He descended to the dead.

On the third day he rose again.

**He ascended into heaven,
and is seated at the right hand of the Father.**

He will come again to judge the living and the dead.

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins
the resurrection of the body,
and the life everlasting. Amen.**

The Lesser Litany

The Lord be with you.

And also with you.

Let us pray.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

The Lord's Prayer

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

The Suffrages

Show us your mercy, O Lord;
And grant us your salvation.
Clothe your ministers with righteousness;
Let your people sing with joy.
Give peace, O Lord, in all the world;
For only in you can we live in safety.
Lord, keep this nation under your care;
And guide us in the way of justice and truth.
Let your way be known upon earth;
Your saving health among all nations.
Let not the needy, O Lord, be forgotten;
Nor the hope of the poor be taken away.
Create in us clean hearts, O God;
And sustain us with your Holy Spirit.

The Collect of the Day

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Collect for Grace

Lord God, almighty and everlasting Father, you have brought us in safety to this new day: Preserve us with your mighty power, that we may not fall into sin, nor be overcome by adversity; and in all we do, direct us to the fulfilling of your purpose; through Jesus Christ our Lord. **Amen.**

The Collect for Mission

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. **Amen.**

Anthem

Like as the hart desireth the waterbrooks

Herbert Howells

Like as the hart desireth the waterbrooks,
so longeth my soul after thee, O God.
My soul is athirst for God,
yea, even for the living God.
When shall I come to appear before the presence of God?
My tears have been my meat day and night,
while they daily say unto me,
"Where is now thy God?"

After a moment of silence, please stand as you are able.

The Officiant offers prayers, concluding with

The General Thanksgiving

**Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.**

The Grace

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. **Amen.**

Hymn

O thou who camest from above

Hymn No. 704

Closing Versicle

Let us bless the Lord.
Thanks be to God.

Voluntary *Wer nur den lieben Gott läßt walten, BWV 642*

Johann Sebastian Bach (1685-1750)



An offering will be received at the doors as you exit the church. Thank you for your generosity.

Guest Conductor, Christopher Gravis

Welcome to Dr. Christopher Gravis, Canon for Music and Arts at St. John's Episcopal Cathedral in Los Angeles and Director of Choral Activities at California State University, Los Angeles. Dr. Gravis leads the Schola Cantorum of St. James in this morning's service. He has been working with the Parish Choir this week.

The Bible texts of the Old Testament, Epistle, and Gospel lessons are from the New Revised Standard Version Bible, copyright 1989 by the Division of Christian Education of the National Council of the Church of Christ in the USA, and used by permission. The text of the liturgy comes from The Book of Common Prayer, 1979.

Coronavirus Litany

Jesus Christ, you traveled through towns and villages “curing every disease and illness.” At your command, the sick were made well. Come to our aid now, in the midst of the global pandemic of the coronavirus, that we may experience your healing love.

Heal those who are sick with the virus, especially Elsie. May they regain their strength and health through quality medical care. *Lord in your mercy, Hear us.*

Heal us from our fear, which prevents nations from working together and neighbors from helping one another. *Lord in your mercy, Hear us.*

Heal us from our pride, which can make us claim invulnerability to a disease that knows no borders. *Lord in your mercy, Hear us.*

Jesus Christ, healer of all, stay by our side in this time of uncertainty and sorrow.

Be with all those who have been quarantined or restricted in their movements, especially Fr. Richard and Antonio. Grant them patience, health and reassurance during their time of isolation and waiting. *We pray, Grant them your peace.*

Be with those whose livelihoods or finances are or will be negatively affected by this virus. Give them the wherewithal to find the resources they need to take care of themselves and their families. *We pray, Grant them your peace.*

Be with our elderly and immunocompromised. Help us to be mindful and vigilant of their vulnerabilities; and guide us to avoid carelessness so that they may remain whole. *We pray, Grant them your peace.*

Be with the homeless in our neighborhood and across our planet. May they be shown kindness and care in this time of fear and insecurity. *We pray, Grant them your peace.*

Be with those who feel overwhelmed by the torrent of media coverage and information. Help them to discern what is important to know and what to set aside. *We pray, Grant them your peace.*

Be with those who have died from the virus. May they be at eternal rest with you. *We pray, Grant them your peace.*

Be with the families of those who are sick or have died. As they worry and grieve, defend them from illness and despair. *We pray, Grant them your peace.*

Be with the doctors, nurses, researchers and all medical professionals who seek to heal and help those affected and who put themselves at risk in the process. May they know your protection. *We pray, Grant them your peace.*

Be with our local, state, national and world leaders. Give them the foresight to act with charity and true concern for the well-being of all they are meant to serve. Give them the wisdom to invest in long-term solutions that will help prepare for and deal with outbreaks and its challenges. Above all, give them the courage to work together for the greater good. *We pray, Grant them your peace.*

Whether we are at home, or in the community; surrounded by many people suffering from this illness or only a few, Jesus Christ, stay with us as we endure and mourn, persist and prepare. *We pray, Grant us your peace.*

Lord Jesus Christ, give us courage to hope for better times.
Help us to be vigilant and generous.
Make us courageous to continue to be your hands in City Heights.
Teach us to pray honestly and expectantly,
and when our prayers seem to fail,
bring us to pray again and again;
for you are our help and our shield,
now and forever. **Amen.**

[Adapted from 'A Coronavirus Prayer' by Kerry Webber
<https://www.americamagazine.org/faith/2020/03/02/coronavirus-prayer>]

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